



## MIDDLE SCHOOL RETREAT PACKING LIST

### Clothing

- Long Pants (at least one pair)
- T-shirts
- Underwear/socks
- Jackets/sweaters /WARM CLOTHES
- 1-2 pair of sneakers (or good walking shoes)

### Personal Items

- Bible
- Bath towel & wash cloth
- Toothbrush & toothpaste
- Comb/Hairbrush
- Soap & shampoo
- Pillow
- Sleeping bag OR Sheets & blanket
- Water Bottle
- And/or anything else you may need for a weekend retreat

### Please give your chaperone

- Any medicine you may need

### Please leave behind

- Electronics
- Snacks
- Knives or other weapons
- Prejudices
- Negative attitudes