

Please be prepared to hand in at registration any medicines, in prescription bottles, you may need while at camp. This includes Over the Counter medicines. All medicines must come in orginal prescription container with label or doctors note.

Clothing

- Long Pants (at least one pair)
- T-shirts
- Shorts
- Bathing suit (no string bikinis or speedos)
- Underwear/socks
- Jackets/sweaters/Rain jacket
- 1-2 pair of sneakers (or good walking shoes)
- Sandals with back straps back straps are required for any sandal worn outside the cabin (optional)

Personal

- Bible (age appropriate)
- Flashlight
- Notebook/Journal/something to write in
- Stamps and envelopes (optional)
- Bath towel & wash cloth
- Beach towel or pool towel
- Toothbrush & toothpaste
- Sunscreen & Bug repellent
- Comb/Hairbrush
- Soap & shampoo
- Pillow
- Sleeping bag OR Sheets & blanket
- Water Bottle
- Laundry bag
- And/or anything else you may need

Please leave behind

- Electronics (including cell phones)
- Snacks, candy, gum, drinks
- Knives or other weapons
- Tobacco, alcohol or related products- Possession or use of is not permitted.
- Prejudices and Negative attitudes
- Pets
- Money or Jewelry

Horse Campers should also bring:

- Closed toe shoes- preferably boot/shoes with a small heel (sandals, crocs, are not allowed around the horses)
- Long pants or leggings are preferable while riding
- If you have an ASTMSEI approved helmet you may bring it. Otherwise one will be provided

Daycampers should bring bathing suit and towel, change of clothes, pillow and sleeping bag for quiet time, Bible